



## SUMMER TERM

### NEWSLETTER - Issue 34 – 10 July

#### Lostledan Bubble Blog

In the Lostledan Bubble, there are four children and two adults – Miss Molden, Miss Evens, Jacob, Indie, Max and Eva-Rose. We love spending time in our bubble together! When we first came back to school, we learned lots about life in bubbles and how important it is to wash our hands well! Super Soap helped us to understand how to do this properly with a special song. Max has since written a series of comics about Super Soap (and he's still got more to go! The saga continues...). Two weeks ago, on a Friday, we had an extra person join our bubble to record the Virtual Sports Day video. Can you guess who it was? Of course, Mr Webb!

Before the coronavirus, we used to study one topic every term. Now, we change our topic focus every week! Some of the topics we have covered include snails, gardening, under the sea and wellbeing. Every day, we get to spend time on the field, where we really enjoy snail hunting! Due to the recent wet weather, we have spotted many an escargatoire (the collective noun for a group of snails). With the help of the Pedrevan Bubble and Eva-Rose's grandad, we have transformed the Secret Garden, which is now a better place to spend time in. Our new project that we are working on, involves the inner courtyard and a special surprise ready for September, when we can't wait to expand our bubble! Mrs Fryer kindly helped us along with our gardening, by supplying us with everything we needed to grow some sunflowers. Over the summer holidays, be sure to look out for them in the front garden! Just like the Kwilkyn Bubble, we too have created some beautiful under the sea collages for the new library space. Last week's topic was wellbeing, and we now know how important it is to care for our brain, our heart and our emotions. We took part in a range of activities where we reflected on all the great things that we appreciate about ourselves (this was surprisingly trickier than it sounds). To improve our physical and mental health, we regularly complete the daily mile in our classroom, which we learned helps us to release endorphins. Our best time so far is nine minutes and 58 seconds! Can you beat our time at home? We are really focusing on being more fluent readers and we practise this every single day – we have definitely improved! Spelling Shed practice also supports our reading. In Maths, we are masters at telling the time now, because we have practised regularly, as a team.

One of the most exciting things about being in our bubble, is that Miss Molden and Miss Evens let us choose a treat at the end of each day. We take turns to choose a treat, and some of our favourite ones are making and playing with bubbles, colouring, creating fortune tellers, making stick men, listening to stories and watching Horrible Histories. Jacob's favourite is playing Hedbanz, Indie's favourite is having drawing competitions, Max's favourite is using Book Creator and Eva-Rose's favourite is making stick puppets!

We have missed the other children from Lostledan greatly and it's not the same without you all here too! We can't wait for everyone to be back at school!



**CATCH IT.**



**BIN IT.**



**KILL IT.**

**NHS**

At Celtic Cross Education...  
we nurture, we learn, we achieve together.

See some more pictures below,





### Free School Meals

Further to the letter that was emailed to parents, if you need to apply for benefits in the coming weeks or months don't forget to contact the Free School Meal Department at Cornwall Council to see if you are eligible for Free School Meals.

The contact details are -  
01872 323298

### School Meals

The price of school meals will increase in September to £2.49.



## Online Healthy Eating sessions 2020



**DECLARATION ON healthy weight**

This 1 hour virtual workshop will be facilitated by Healthy Cornwall. During each workshop we will explore:

- Basic healthy eating messages following NICE and PHE guidance
- Expel any myths
- Healthy eating at work/home
- Healthy breakfasts and healthy snacks

Online sessions available on :

7th July, 11.00 - 12.00pm  
22nd July, 2:00 - 3pm

Please contact: [wellbeing@nhs.net](mailto:wellbeing@nhs.net) to be invited to the virtual session of your choice



Five ways to wellbeing



Healthy Workplace

Email: [Wellbeing@nhs.net](mailto:Wellbeing@nhs.net)  
[@CFTStaffHealth](https://twitter.com/CFTStaffHealth)  
[CFT Health & Wellbeing](https://www.facebook.com/CFTHealthWellbeing)

### Primary Times

Primary Times are unable to publish their usual magazine but below is a link to an E-Newsletter with details of events during the summer

<https://mailchi.mp/8a1309c4ab7b/sign-up-to-the-primary-times-cornwall-newsletter>