	caterlink		Spring Menu 2021				
	feeding the imag	ination	Monday	Tuesday	Wednesday	Thursday	Friday
	Week One 4/1 25/1 22/2 15/3	Option 1	Macaroni Cheese	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Curry with 50/50 Rice	Fishfingers/ Salmon Fishfingers with Chips
		Option 2	Soya Spaghetti Bolognaise	Vegetarian Sausages, Mashed Potato and Gravy	Quorn Roast Fillet with Roast Potatoes and Gravy	Lentil and Sweet Potato Curry with 50/50 Rice	Wholemeal Cheese and Tomato Quiche with Chips
		Vegetables	Sweetcorn Peas	Cauliflower Cabbage	Fresh Mixed Vegetables	Broccoli Carrots	Baked Beans Peas
		Dessert	Apple, Cheese and Crackers	Pineapple Cake	Fresh Fruit or Yoghurt	Marble Sponge with Custard	Chocolate Cocoa Cookie
			Or a choice of Yoghurt & Fresh Fruit available daily				
	Week Two 11/1 1/2 2/3 22/3	Option 1	Sausage Roll with Wedges	Cottage Pie with Gravy	Roast (as advertised), Roast Potatoes and Gravy	Chicken Sausage Pasta Bake with Garlic Bread	Fish in Batter with Chips
		Option 2	Tomato and Vegetable Pasta	Vegetable Hotpot	Quorn Roast Fillet with Roast Potatoes and Gravy	Chickpea Curry with 50/50 Rice	Cheese Frittata with Chips
		Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Broccoli	Baked Beans Peas
		Dessert	Oaty Apple Crumble and Custard	Chocolate Cake with Chocolate Drizzle	Fresh Fruit or Yoghurt	Pear and Ginger Slice	Orange and Lemon Shortbread
			Or a choice of Yoghurt & Fresh Fruit available daily				
No. of Persons	Week Three 18/1 8/2 8/3 29/3	Option 1	Cheese and Tomato French Bread Pizza With Pasta Salad	Chicken and Sweetcorn Pie, New Potatoes and Gravy	Roast (as advertised), Roast Potatoes and Gravy	Mexican Beef Chilli with 50/50 Rice	Fishfingers with Chips
		Option 2	Jacket Potato with BBQ Beans	Vegan Mexican Bean Roll with wedges	Quorn Roast Fillet with Roast Potatoes and Gravy	Broccoli and Cheese Pasta Bake	Five Bean Chilli with Chips
		Vegetables	Coleslaw Mixed Salad	Sweetcorn Broccoli	Fresh Mixed Vegetables	Green Beans Carrots	Baked Beans Peas
		Dessert	Banana Sponge and Custard	Peaches and Ice Cream	Fresh Fruit or Yoghurt	Chocolate and Mandarin Brownie	Oaty Cookie
			Or a choice of Yoghurt & Fresh Fruit available daily				

Added Plant Power

Vegan

Wholemeal

## Available Daily:

- Freshly
cooked jacket
potatoes with a
choice of
fillings (where
advertised)
- Bread freshly
baked on site
daily
- Daily salad

## ALLERGY INFORMATION:

selection

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to The nature of our kitchens it is not possible to completely remove the risk of cross contamination.